



PROFESSIONAL BOARD | Psychology

PROFESSION | Practitioners is required to annually maintain a minimum of 30 CPD points (25 clinical and 5 ethical)

CPD ACTIVITIES | 2026

To help you meet your annual CPD requirements, we provide a comprehensive CPD package featuring a range of activities with clinical and ethics CEUs to choose from.

CLINICAL CEU's

		Psychiatrist	Psychologist	Counsellor	Organisational Psychologist	Psychometrist	Educational Psychologist	Social Workers
		46	54	40	42	50	49	34
C1(26) Evolution of psychoanalytic approaches to somatic disorders	6	✓	✓	✓	✓		✓	✓
C2(26) Examining differential item functioning and group	3					✓	✓	
C3(26) Psychotherapies at a Glance	5	✓	✓	✓		✓		
C4(26) Reflections on psychodynamic psychotherapy	6	✓	✓	✓				✓
C5(26) Compassion focused imagery	3	✓	✓	✓	✓	✓	✓	✓
C6(26) The use of banter in psychotherapy	4	✓	✓	✓	✓	✓	✓	✓
C7(26) Integrating African epistemologies in social work The role of proverbs	3				✓			✓
C8(26) Intensive parenting behaviour	3					✓	✓	
C9(26) Measuring what matters in healthcare_ a practical guide to psychometric principles and instrument development	6	✓	✓		✓	✓	✓	
C10(26) Psilocybin from psychiatric pariah to perceived panacea	8	✓	✓	✓	✓			✓
C11(26) Online dating predictors of problematic Tinder use	4	✓	✓	✓	✓	✓	✓	✓
C12(26) Controlled Interventions to Improve Suicide Prevention in Educational Settings A Systematic Review and Network Meta-Analysis	5		✓				✓	
C13(26) Experiences of experts in intelligence measurement of South African school learners	4					✓	✓	
C14(26) Piloting the PuzzleBox Screener for preschool assessment in the Eastern Cape, South Africa	3					✓	✓	
C15(26) Psychometric properties of an adapted work-family boundary management tactics scale	4				✓	✓		
C16(26) Towards an Afro-centric model of cognitive assessment Examining the current psychological assessment and placement practices of children with disabilities	4					✓	✓	
C17(26) The Bergen–Social Media Addiction Scale (BSMAS)	3		✓			✓		
C18(26) Trauma exposure and psychometric properties of the life events checklist among adults	4	✓	✓	✓	✓	✓	✓	

ETHICS CEU's

15

PE1(26) Digital Doppelgangers, Human Relationships, and Practical Identity	4	✓	✓	✓	✓	✓	✓	✓
PE2(26) Overview of AI regulation in healthcare	3	✓	✓	✓	✓	✓	✓	✓
PE5(26) Ethical guidelines on social media	4	✓	✓	✓	✓	✓	✓	✓
PE9(26) In Defence of Causing Patients to Worry Ethical Issues in the Communication of Diagnostic Uncertainty	4	✓	✓	✓	✓	✓	✓	✓

MULTI-DISCIPLINARY CEU's

18

G1(26) Basic Pharmacology at a glance and the use and misuse of OTCs, prescription drugs and Supplements	✓							
---	---	--	--	--	--	--	--	--