

CPD Activities

Last year several of our members requested more CPD activities because lockdown had given them the opportunity to catch up. Rest assured that you still have time to return any of the 2020 activities if you have not done so already.

Please note that as from March 2021 answer sheets older than two years, will incur a fee of R15.00 per answer sheet to mark.

Should you only have joined our CPD programme this year, this package provides you with the full complement of CPD activities to make up for the 15/30 CEU's you will require in 2021.

Articles

We have provided links to an electronic copy below each activity description.

Our 2021 CPD package

We do not offer CPD points exclusively for your profession, however we can assist as follows:

- In terms on the principle of cross accreditation, CPD activities which are relevant to your profession, your scope of practice or your day-to-day professional activity, and which have been accredited for a profession other than yours, can be completed within a CPD context.
- Activities in Professional Ethics are valid for all professions, even if the topic does not seem to relate to your profession. The key here is that ethics content normally addresses universal ethics principles, such as autonomy, beneficence, non-maleficence, justice, etc. In each ethics activity there will be content / principles that you can apply to your profession.

Please ensure that your package includes SIX (6) CPD activities. These are to the value of 32 CEU's.

Return your answer sheets to us before the **end of the calendar year**. You will also find an **all-in-one answer sheet** to help reduce the number of pages you have to return.

Activity No	Activity Description	CEU's
ETHICS CPD ACTIVITIES		5
PE2(21)	Bioethics and the use of social media for medical crowdfunding https://foh-cpd.co.za/cpd-online/storage/files/activity/article/1017/3IKqAaISq4M80L1eySY6Up854tZckvDT6DohAuBV.pdf	2
PE7(21)	Autonomous decisions by couples in reproductive care https://foh-cpd.co.za/cpd-online/storage/files/activity/article/1020/03EokpM3mSaZBKU59jckivo59q9UyUuRjRJAcjKM.pdf	3
MULTI-DISCIPLINARY CPD ACTIVITIES		27
G2(21)	*Burnout among healthcare workers: A review of the literature https://foh-cpd.co.za/cpd-online/storage/files/activity/article/1070/RvWHiEbADMTpKiAccg4Q7mKA2hAQMvXgL3Wrs5xc.pdf	5
G3(21)	Prevention of dementia in an ageing world Evidence and biological rationale https://foh-cpd.co.za/cpd-online/storage/files/activity/article/1071/Zx8QiluxNS8BiikMFk9ohg5u3PwldzGOrJAhtH4F.pdf	2
MP1(21)	*Update on COVID-19 (September – November 2020) https://foh.fra1.digitaloceanspaces.com/activity/13939/article/ydHECYl7dmvai1WO9MW6suAzMsJrzTefxf6sRq3Z.pdf	7
MP4(21)	*Whole body health: nightmares, sleep, cognitive decline, stuttering, and diet https://foh.fra1.digitaloceanspaces.com/activity/13967/article/encZwP3DRVgWbsGt9VWeEkb5MssybtIAPHcgbWXH.pdf	13
TOTAL		32
<i>*These activities are split into two or more parts online and you must complete each part to receive the applicable CEU's</i>		